

OUT OF EGYPT

Timeless Truth: God is the ultimate Deliverer.

Bible Basis: Exodus 1:1–2:10; 3:9–10; 12:31–33; 13:21–22

Key Verse: Moses answered the people. He said, "Don't be afraid. Stand firm. You will see how the LORD will save you today." —Exodus 14:13, NIV

Resource: *The Story for Kids*, Chapter 4: "Out of Egypt"

PARENT TIPS

Read and discuss the key point from the class your child or children attended. Use the Table Talk questions to start a discussion around the dinner table during the week. The Living Faith activity is designed to help your family look to God during hard times and follow him. The Extra Mile idea will help your family relate to the Israelites and benefit your church.

GET THE POINT

God watches over Moses and his people. God watches over me, too.

TABLE TALK

Say, **Pharaoh was very stubborn and hardened his heart against God.** Tell about a time when God was working in your life or trying to get your attention, but you didn't see it until later. Ask:

- **Do you know a friend, teacher, or relative who has hardened their heart against God and refuses to see him?**
- **Why do you think people stubbornly refuse to see God when he makes himself known in creation and everyday circumstances?**
- **What can you do to open people's eyes to the truth about God?** (Share the good news about Jesus with them; pray for them; be their friend.)
- **If somebody totally refuses to acknowledge God, what should you do?** (Pray that the Holy Spirit softens their heart; continue to show them God's love.)

LIVING FAITH

Grab a flashlight and bring your family to a dark room or into the basement. This activity can also be done outside on a dark night. Explain that according to the Bible, God led the Israelites at night with a pillar of fire (Exodus 13:21). By following the pillar of fire at night and the pillar of cloud during the

day, God's people always knew exactly where to go. Tell your family that you're going to play a game of reverse hide and seek. Instead of one person counting and everybody hiding, the person holding the flashlight will hide and everybody else will count. Have a parent hide first. After everybody counts to 20, let them search for the person hiding. Once that person is found, let him hide again. This time after everybody has counted, wait a couple minutes and then turn on the flashlight before anybody finds you. With the flashlight on, allow every family member to get to you. Let other family members take turns hiding.

When you're finished, ask:

- **Were you ever scared being stuck in the dark and not knowing where to go?**
- **Was it easier to find the hidden person when the flashlight was on or off?**
- **How does God shine his "flashlight" today so it's easier for us to follow him?** (He gave us the Bible; instruction from parents; youth leaders at church; Holy Spirit.)
- **How does God's light deliver us and keep us safe?**
- **God's "flashlight" is on all the time. How does it make you feel to know you can go to him whenever you're in need?**
- **The Bible says, "You are in the light because of what the Lord has done. Live like children of the light" (Ephesians 5:8). What are some ways we can live as children of the light?**

EXTRA MILE

On a Sunday night (or early on a Monday morning if you wake up before your children), tell your family that you're going to eat breakfast like the Israelites did when they escaped Egypt. The Bible says that thin flakes of bread appeared on the ground every morning (Exodus 15:15–16). The Israelites would gather up enough for their family and eat it throughout the day. The next morning a whole new crop of manna, which comes from the Hebrew words "What is it?" would be waiting for them to eat. Instead of manna, explain that your family will eat oatmeal every morning. Calculate the cost savings of eating oatmeal instead of cereal, doughnuts, or eggs (whatever is your family's normal breakfast food) and have your children donate that money to the church the following Sunday to do God's work.

At some point during the week, ask your family what the Israelites must have felt like after eating manna every day for years.